The year 2021 begins amid the same uncertainties that accompanied us the year before; however, the production of research and reflections remained active and diversified. This first issue presents reflections on various topics, such as medicine, paganism, mental health, digital relations, gender, Zen Buddhism, non-violent communication, elderly people, as well as philosophical discussions around Scheler and Phenomenology.

Good reading!

Adriano Holanda (Editor)

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