Behavioral Evaluation of Male and Female Carioca
High- and Low-Freezing Rats

Marcelo Salviano
Departamento de Psicologia da Universidade de Brasília, Brasília, Distrito Federal, Brasil

Graziela Ferreira
Departamento de Psicologia da Universidade de Brasília, Brasília, Distrito Federal, Brasil
Departamento de Psicologia da Pontifícia Universidade Católica de Brasília, Brasília,
Distrito Federal, Brasil

Marilia Greidinger
Departamento de Psicologia da Universidade de Brasília, Brasília, Distrito Federal, Brasil
Departamento de Psicologia do Instituto de Educação Superior de Brasília, Brasília,
Distrito Federal, Brasil

Kaliu Couto
Departamento de Psicologia do Instituto de Educação Superior de Brasília, Brasília,
Distrito Federal, Brasil

J. Landeira-Fernandez¹
Departamento de Psicologia da Pontifícia Universidade Católica do Rio de Janeiro,
Rio de Janeiro, Rio de Janeiro, Brasil

A. Pedro de Mello Cruz
Departamento de Psicologia da Universidade de Brasília, Brasília, Distrito Federal, Brasil

Abstract

Recent years have seen growing interest in the development of genetic animal models to investigate the
bidirectional relationship between trait anxiety and defensive reactions. The present study further ana-
lized behavioral correlates of two novel breeding lines of rats, Carioca high-and low-conditioned freez-
ing (CHF and CLF), based on defensive freezing responses to contextual cues previously associated
with electric footshock. Male and female rats from the 10th generation were used to assess anxiety-like
reactions in the elevated plus maze (EPM), depressive-like behavior in the forced swim test (FST), and
aversive memory in the contextual fear conditioning paradigm. In the EPM, female rats showed lower
anxiety-like behavior than males, whereas CHF rats were more anxious than CLF rats. The same pattern
of results was found in the contextual fear conditioning paradigm. No differences were found between
lines or sexes in the FST. Such differences in emotionality responses in the 10th generation of selected
rats further indicate a possible use of this model to study correlations between trait anxiety and defen-
sive reactions. The face validity of the model and its use to experimentally simulate generalized anxiety
disorder in humans are also discussed.

Keywords: Genetic animal model, contextual fear conditioning, anxiety.

¹ Mailing address: Departamento de Psicologia, Pontifícia Universidade Católica do Rio de Janeiro, Rua
Marquês de São Vicente, 225, Rio de Janeiro, RJ, Brasil 22453-900. E-mail: landeira@puc-rio.br
Avaliação Comportamental de Ratos Machos e Fêmeas Cariocas
Alto e Baixo Congelamento

Resumo

Nos últimos anos, tem crescido o interesse pelo desenvolvimento de modelos animais geneticamente modificados para o estudo da relação bidirecional entre ansiedade traço e reações de defesa. O presente estudo analisou a correlação comportamental de duas novas linhagens de ratos, denominados de Carioca Alto e Baixo Congelamento (CHF e CLF), baseado na resposta de congelamento a estímulos contextuais previamente associados a choque elétrico nas patas. Foram utilizados ratos machos e fêmeas da 10ª geração para serem avaliadas as reações relacionadas à ansiedade no labirinto em cruz elevado (LCE), comportamentos relacionados à depressão no teste do nado forçado (TNF) e a memória aversiva no paradigma do medo condicionado ao contexto. No LCE, ratas fêmeas apresentaram um menor índice de comportamento indicativo de ansiedade comparadas aos machos. Mais ainda, animais da linhagem CHF apresentaram maiores índices de ansiedade em relação a animais da linhagem CLF. O mesmo padrão de resultados foi encontrado no paradigma do medo condicionado ao contexto. Não foram encontradas diferenças entre as linhagens ou entre os sexos testados no TNF. Tais diferenças nas respostas emocionais da 10ª geração de ratos geneticamente selecionados indicam uma possível utilização deste modelo no estudo de correlações entre ansiedade traço e reações de defesa. A validade de face do modelo e seu uso para simular experimentalmente o transtorno da ansiedade generalizada em humanos também são discutidos.

Palavras-chave: Modelos animais geneticamente modificados, medo condicionado ao contexto, ansiedade.

Evaluación Comportamental em Ratas Machos y Hembras Cariocas
Alto y Bajo Congelamiento

Resumen

En los últimos años, ha crecido el interés por el desarrollo de modelos animales geneticamente modificados para el estudio de la relación bidireccional entre ansiedad de rasgo y reacciones de defensa. El presente estudio analizó la correlación existente en el comportamiento de dos nuevas linajes de ratones, denominados de Carioca Alto y Bajo Congelamiento (CHF e CLF), basado en la respuesta de congelamiento a estímulos contextuales previamente asociados a choque eléctrico en las patas. Fueron utilizados ratones machos y hembras de la 10ª generación para que fuesen evaluadas las reacciones relacionadas a la ansiedad en el laberinto en cruz elevado (LCE), comportamientos relacionados a la depresión en el teste de natación forzada (TNF) y la memoria aversiva en el paradigma del miedo condicionado al contexto. En el LCE, las ratazanas presentaron un menor índice de comportamiento indicativo de ansiedad, se comparadas a los ratones machos. Animales de la linaje CHF presentaran mayores índices de ansiedad que los animales de la linaje hembras CLF. El mismo patron de resultados fue encontrado en el paradigma del miedo condicionado al contexto. No se encontraron diferencias entre los linajes ó entre los sexos testados en el TNF. Tales diferencias en las respuestas emocionales de la 10ª generación de ratones geneticamente seleccionados indican una posible utilización de ese modelo en el estudio de correlación entre ansiedad de rasgo y reacciones de defensa. La validad de contenido y aparente del modelo y su utilización para simular experimentalmente el transtorno de la ansiedad generalizada en humanos, también son discutidos.

Palabras clave: Modelos animales modificados genéticamente, miedo condicionado al contexto, ansiedad.
Genetic models have been widely used to study animal behavior and investigate the influence of genetic factors on a variety of behavioral traits and possible emotionality disorders (Cryan & Holmes, 2005; Wegener, Mathé, & Neumann, 2012). Selective breeding has been shown to be a reliable technique to correlate a behavioral trait with related genes. A large number of new rat and mouse lines have been developed by selecting many different phenotypes, such as high and low levels of defecation (Blizard & Adams, 2002), ultrasonic vocalization (Brunelli & Hofer, 1996), hypertension (Hendley, Atwater, Myers, & Whitehorn, 1983), resistance to immobility (Weiss, Cierpial, & West, 1998), emotional behaviors and learning processes (Liebsch, Montkowski, Holsboer, & Landgraf, 1998; Ponder et al., 2007; Ramos, Correia, Izidio, & Bruske, 2003).

When developing a genetic model by selectively breeding a particular behavior, identifying whether other behaviors are also selected is important. Once the behavioral differences caused by genetic selection are identified, whether the selected trait is in fact responsible for the selected phenotype should be determined because genes can be responsible for two or more different traits. For example, strains of spontaneously hypertensive rats (SHRs) have high blood pressure, but they also show more activity than Wistar Kyoto strain when exposed to both familiar and novel environments (Hendley et al., 1983). Hendley and Ohlsson (1991) later showed that these traits were independently dissociable, in which they were able to produce two new strains from the SHR strains: hypertensive normoactive (WKHT) and normotensive hyperactive (WKHA).

The use of rodent genetic models has been useful for understanding the correlation between a genetic predisposition to trait anxiety and learned fear and developing new ways to elucidate neurologic pathways and related genes (Sartori, Landgraf, & Singewald, 2011; Steckler, Stein, & Holmes, 2008). Brigman, Mathura, Lu, Williams, and Holmes (2009) performed a factor analysis and compared several inbred mouse strains with regard to various trait measures of fear conditioning and anxiety-like behavior. These authors found a coloading of contextual fear with anxiety-like behavior on the elevated plus maze (EPM) within the same factor, which indicates that both tests are analyzing the same behavioral response. This might explain the fact that the use of contextual fear conditioning has been a reliable behavioral test to select animals with different anxiety profiles and develop new genetic models based on different emotionality phenotypes (Ponder et al., 2007; Radcliffe, Lowe, & Wehner, 2000; Wehner et al., 1997).

The present study used a genetic model of rats previously developed by V. C. Gomes and Landeira-Fernandez (2008), in which two new lines of Wistar rats were selectively bred for high and low levels of freezing in response to contextual cues previously associated with footshock, termed Carioca High- and Low-Freezing (CHF and CLF, respectively). Given the potential of this model as a tool for studying the development of anxiety disorders, the main objective of the present study was to analyze two different generations of selected rats in two other emotionality tests, the EPM and forced swim test (FST), and test the aversive memory in the contextual fear conditioning paradigm.

**Methods**

**Animals**

All of the animals were obtained according to procedures previously described by V. C. Gomes and Landeira-Fernandez (2008). Wistar rats were selectively bred for differences in freezing behavior in a contextual fear conditioning test, in which the rats with the highest contextual freezing scores were selected to breed the CHF line while avoiding brother-sister breeder pairs. The rats with the lowest freezing levels were used to breed the CLF line. In the present study, CHF and CLF rats from the 10th generation were used to analyze anxiety-like behavior in the EPM, depressive-like behavior in the FST, and aversive memory in the contextual fear conditioning paradigm. The experimenters remained blind to the rat lines throughout testing. The experimental procedures reported herein were performed based on the
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guidelines for the use of animals in experimental research established by the Brazilian Society of Neuroscience and Behavior (SBNeC) and were in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals. Animal handling and sacrifice methods were reviewed and approved by the Committee for Animal Care and Use of the Biology Institute/University of Brasilia (UnB).

**Experimental Procedure**

Ninth-generation rats were received in our laboratory from Pontifícia Universidade Católica do Rio de Janeiro (PUC-Rio) and then bred according to V. C. Gomes and Landeira-Fernandez (2008). The pups from this generation, labeled as S10 rats, were used in the present study. We tested eight males and eight females of the CHF line and six males and eight females of the CLF line. The rats were tested at 2-3 months of age and weighed 190-330 g. The animals were housed in acrylic cages (31 cm x 38 cm) in groups of 3-5 in an animal room under a 12 h/12 h light/dark cycle (lights on at 8:00 AM) with food and water provided ad libitum. All of the experiments were conducted between 2:00-6:00 PM during the light phase of the light/dark cycle. The animals were brought to the testing room in their home cages and allowed to adapt for 30 min before testing. Each day of experiment used animal from all groups, such as males, females, CLF and CHF. All of the S10 animals were tested in the EPM, FST, and contextual fear conditioning paradigm, in this order and with a 24 h interval between the EPM and FST and 40 day interval between the FST and fear conditioning test. The long period between FST and fear conditioning test was done to avoid behavioral influence, as the FST is highly aversive (Blokland et al., 2012). The animals’ behavior in the three apparatus were videotaped for behavioral scoring at a later time by a blinded and highly experienced observer.

**Elevated Plus Maze**

The apparatus was made of wood and consisted of two open arms (50 x 10 cm) and two perpendicular closed arms (50 x 10 x 40 cm) connected by a central area (10 x 10 cm). The EPM was elevated 50 cm from the floor, surrounded by 1 cm high Plexiglas (1 cm high) in the perimeter of the open arms to minimize falling from the arms (Pellow, Johnston, & File, 1987). All of the animals were handled for 2 min on 5 consecutive days prior to the experimental sessions to habituate them to the stresses to which they are commonly subjected immediately before plus-maze testing (i.e., experimenter manipulation, removal from home cage; Lapin, 1995). Each rat was placed in the central area facing a closed arm and allowed to freely explore the maze for 5 min. The maze was cleaned with a solution of 20% ethanol and dried between subjects. The experimental session was illuminated by a bright light and recorded by a camera located 175 cm above the maze. The behavioral measures were later analyzed according to the protocol described by Cruz, Frei, and Graeff (1994). For each animal, the frequency and duration of exploration in the open- and closed-arms, were recorded.

**Forced Swim Test**

The rat FST apparatus was based on the specifications described by Porsolt, Bertin, and Jalfre (1978) and Porsolt, Le Pichon, and Jalfre (1977) with some adaptations. Briefly, it consisted of a transparent cylinder (46 cm height ' 20 cm diameter) that was filled with water (26 ± 2°C) to a depth of 30 cm. The rats were placed in the cylinder and forced to swim without the opportunity to escape (F. Gomes et al., 2010). They remained in the water until immobility developed, which was defined as the cessation of limb movements except those necessary to keep the animal afloat. The rats were tested in the FST with two exposures to the water tank spaced 24 h apart (trial session and test session, respectively). The first trial lasted 15 min, and the second trial was 5 min. Only the second trial was recorded, and the duration of immobility and latency to exhibit immobility were analyzed. After swimming, each animal was gently dried with a towel and a hair blow dryer. The water in the tank was changed between rats.
**Contextual Fear Conditioning**

The fear conditioning chamber (25 x 20 x 20 cm) had metal walls on each side, clear plastic front and back walls and ceilings, and stainless steel bars on the floor. The chamber was placed inside a sound-attenuating chest that had dim illumination. A fan provided a low level of masking background noise. The apparatus was cleaned between animals with 20% ethanol and diluted lime scent. The use of odor cue has been shown as a useful method to enhance the animal context association (Rudy, Huff, & Matus-Amat, 2004). Behavior was recorded with a digital video camera and analyzed by a well-trained observer. A time-sampling procedure was used to evaluate fear conditioning to contextual cues, in which episodes of freezing were recorded every 2 s. Freezing was defined as the total absence of movement of the body or vibrissa, with the exception of movements required for respiration.

The contextual fear conditioning protocol was adapted from V. C. Gomes and Landeira-Fernandez (2008) and involved acquisition and test trials. During acquisition, each animal was placed in the observation chamber for 4 min. At the end of this period, three unsignaled electrical footshocks (0.6 mA) were delivered, with each shock lasting 1 s and an intershock interval of 20 s. The animal was returned to its home cage 2 min after the last shock. The test trial occurred approximately 24 h after training. This test consisted of placing the animal in the same chamber as the acquisition trial for 8 min with no footshock or other stimulation during this period. Freezing behavior was recorded only in the test trial.

**Data Analysis**

Because males and females from the S10 line were tested, differences were analyzed using a two-way analysis of variance (ANOVA), with sex and line as factors. When ANOVA revealed reliable interaction between sex and line factors, the Duncan post-hoc tests was employed to identify statistical differences between groups. All of the analyses were performed using StatView 5.0.1 software (SAS Institute, San Francisco, CA, USA).

**Results**

**Elevated Plus Maze**

Figure 1A presents the mean (SEM) of time spent in the open arm of the EPM. As it can be observed, female rats spent more time in the open arm when compared to male rats. Also, CLF rats also spent more time in the open arm when compared to CHF rats. This impression was confirmed by the two-way ANOVA which revealed no interaction between sex an line ($F_{1,23} = .43; p > .50$) but a main effect of line ($F_{1,23} = 8.78; p < .01$) and sex ($F_{1,23} = 5.51; p < .05$). Figure 1B presents the mean (SEM) number of entries into the closed arms. The two-way ANOVA indicated an absence of interaction ($F_{1,23} = .30; p > .50$) as well as main effect of line ($F_{1,23} = .82; p > .37$) and sex ($F_{1,23} = 2.79; p > .10$).

**Forced Swim Test**

Figure 2 presents the mean (SEM) of percentage of time spent immobile (2A) and latency to immobility (2B) in the FST. As it can be observed, no differences among the groups are apparent. This impression was confirmed by the two-way ANOVA. No interaction ($F_{1,26} = .01; p > .91$) or main effects of line ($F_{1,26} = .63; p > .81$) and sex ($F_{1,26} = .08; p > .77$) in the percentage of time spent immobile. No interaction ($F_{1,26} = .06; p > .79$) or main effects of line ($F_{1,26} = .39; p > .53$) and sex ($F_{1,26} = .01; p > .91$) were also found in the latency to immobility.

**Contextual Fear Conditioning**

Figure 3 depicts the mean (SEM) of percentage of time spent in freezing during the contextual fear conditioning test. The two-way ANOVA indicated an absence of interaction ($F_{1,26} = .01; p > .91$) but a main effect of line ($F_{1,26} = 13.55; p < .001$) and sex ($F_{1,26} = 11.99; p < .01$). These analyses confirmed that male animals froze more than female rats and that CHF rats froze more than CLF animals.
Figure 1. Mean (+ SEM) percent time spent in the open arms (A), and number of entries into the closed arms (B) in S10 male and female rats in the EPM.

![Graph A](image1)

![Graph B](image2)

*Note.* Number of animals in male CLF group = 7; male CHF group = 5; female CLF group = 7; female CHF group = 8.

$p<.05$, sex effect; $p<.01$, line effect.

Figure 2. Mean (+ SEM) percent time spent immobile (A) and latency to immobility (B) in the forced swim test in S10 male and female rats.

![Graph A](image3)

![Graph B](image4)

*Note.* Number of animals in male CLF group = 6; male CHF group = 8; female CLF group = 8; female CHF group = 8.
Figure 3. Mean (+ SEM) of freezing percentage in S10 male and female rats on the second day of contextual fear conditioning.

Note. Number of animals in male CLF group = 6; male CHF group = 8; female CLF group = 8; female CHF group = 8.
* p < .001, sex effect; # p < .01, line effect.

Discussion

The present study found that CHF rats spent less time in the open arms of the EPM when compared to CLF animals, a phenotype consistent with high anxiety-like behavior (Cruz et al., 1994; Ramos, Berton, Mormede, & Chaouloff, 1997; Setem, Pinheiro, Motta, Morato, & Cruz, 1999). Male rats also spent less time in the open arm of the EPM when compared to female rats. No difference was found between lines in closed arm entries on the EPM or time spent swimming in the FST. We propose that the higher level of anxiety-like behavior of the CHF rats is not attributable to differences in activity levels between the two lines (Cruz et al., 1994; Ramos, Mellerin, Mormède, & Chaouloff, 1998). These data suggest that the CHF and CLF lines can be used as a model of trait anxiety because baseline levels of anxiety in these subjects were different from each other, without prior exposure to aversive stimuli. Unlike state anxiety, trait anxiety does not vary from moment to moment and is considered an enduring feature of an individual (Belzung & Griebel, 2001).

It is possible that differences between the lines CHF and CLF were due to differences in activity level as the analyzed behaviors were dependent on locomotor activity (File, 2001). However, factor analysis studies indicated that the number of entries in the closed arms are not an anxiety related behavior, but a motor activity related one (Cruz et al., 1994; Ramos et al., 1998). Although no motor activity evaluation was performed in the present study, we do not attribute the anxiety-like behavior differences to locomotion pattern since no differences were found on the number of entries in the closed arms of the EPM.

Genetic selection over ten generations of CHF and CLF rats showed similar results to studies of other CHF/CLF generations (Dias, Bevilaqua, Silveira, Landeira-Fernandez, & Gardino, 2009; V. C. Gomes & Landeira-Fernandez, 2008; V. C. Gomes, Silva, & Landeira-Fernandez, 2011; Hassan, Gomes, Pinton, Rocha, & Landeira-Fernandez, 2013) and are consistent with other studies that used contextual fear conditioning to selectively breed new reactive lines (Ponder et al., 2007; Radcliffe et al., 2000; Wehner et al., 1997). The animals used in the present study were selected for a fear-related response, paralleled anxiety-related behavior in the EPM was significantly different between the selected lines both in male and female rats.

A good animal model should sufficiently meet three criteria: face validity, predictive validity, and construct validity. Face validity refers
to the phenomenological similarity between the behavior exhibited by the animal and specific symptoms of the human condition. Predictive validity indicates discrimination between effective and ineffective treatments. Construct validity is based on a robust theoretical rationale that refers to similarities in underlying mechanisms or etiology (Graeff & Zangrossi, 2002). The development of selected lines of rats with higher or lower contextual conditioned fear appears to be a useful way to study “psychopathological” animals with abnormal (e.g., elevated or lowered) anxiety because they provide face validity for generalized anxiety disorder (GAD). The symptoms presented by patients with GAD include muscle tension (according to the Diagnostic and Statistical Manual of Mental Disorders, 4th edition) and the inhibition of motor behavior and mental freezing (American Psychiatric Association, 2000; de Beurs et al., 1999; Golbin, Kravitz, & Keith, 2004; Gorwood, 2004; Lyonfields, Borkovec, & Thayer, 1995), which can be correlated with freezing behavior exhibited by rodents subjected to contextual fear conditioning (Antoniadis & McDonald, 1999; Luyten, Vansteenwegen, van Kuyck, Gabriëls, & Nuttin, 2011; Phillips & LeDoux, 1994). A model of GAD should be able to show diffuse, unfocused, or “generalized” anxiety in response to a nonspecific stimulus over time (Luyten et al., 2011). The model proposed in the present study offers face validity because the anxiety-like behavior exhibited by the animals was selected rather than induced.

In the present study, we found that males froze more than females in both the CHF and CLF lines, which was previously found by V. C. Gomes and Landeira (2008) who tested the first three generations. In animal models, males consistently outperform females in studies of inhibitory avoidance, showing higher latencies to reenter a chamber previously associated with shock (Drago, Bohus, Scapagnini, & de Wied, 1980; Heinsbroek, van Oyen, & van de Poll, 1984; Kudo, Qiao, Kanba, & Arita, 2004) or more prolonged freezing, regardless of whether the shock is signaled by a context (Barker & Galea, 2010; Gupta, Sen, Diepenhorst, Rudick, & Maren, 2001; Maren, De Oca, & Fanselow, 1994; Wilgen, Sanders, Behne, & Fanselow, 2001) or discrete conditioned stimulus (Pryce, Lehmann, & Feldon, 1999). Some studies have shown that estrogen is involved in the impaired freezing in the contextual fear conditioning response in female rats (Gupta et al., 2001).

We also found sex differences in the EPM, although many studies did not report sex differences in anxiety (Bridges & Starkey, 2004; Marcondes, Miguel, Melo, & Spadari-Bratfisch, 2001; Rauch, Shin, & Phelps, 2006; Rodgers & Cole, 1993; Stock, Foradori, Ford, & Wilson, 2000). However, rats that have been previously exposed to inescapable shock and tested in the EPM showed significant sex differences, with males showing higher levels of behavior that is indicative of anxiety, similar to the present results (Steenbergen, Heinsbroek, Van Hest, & Van de Poll, 1990). These findings suggest that differences in the fear conditioning response that have been selected over many generations appear to sex-dependently influence emotional systems in both the CHF and CLF lines. It is important to note that several studies showed the influence of the estrous cycle on rodents’ behavior (Johnston & File, 1991; Marcondes et al., 2001). Basal anxiety levels can vary within the phase of the cycle. For example, Diaz-Veliz, Alarcon, Espinoza, Dussaubat, and Mora (1997) reported a significant increase in the time spent as well as in the percentage of entries into the open arms during proestrus and estrus compared to diestrus and metestrus. However, Nomikos and Spyraki (1988) shows no significant difference between proestrus and diestrus. The present study did not analyzed the estrus cycle on female rats. Indeed, more studies are necessary to fully understand the possible interaction between estrous cycle with female CHF and CLF animal

The contextual fear conditioning paradigm has been often used to study mnemonic processes and measure aversive memory (for review, see Rudy et al., 2004). This test is undeniably dependent on mnemonic processes, but recent studies have shown the influence of anxiety on contextual fear conditioning behavior (Ponder et al., 2007; Sartori, Hauschild, et al., 2011; Silva
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& Frussa-Filho, 2000; Silva et al., 2002). A study that used the sixth generation of the CHF line reported no cognitive differences in the novel object recognition test compared with a control group of Wistar rats (Dias et al., 2009). Therefore, the breeding method used for the CHF/CLF genetic model selected animals according to their anxiety rather than cognitive capabilities. However, other cognitive tests, such as the Morris water maze and radial arm maze, should be performed to validate this further.

Selective breeding for high anxiety-related behavior in the EPM also results in increased freezing in the contextual fear conditioning paradigm in mice (Sartori, Hauschild, et al., 2011). Sokoloff, Parker, Lim, and Palmer (2011) performed a factor analysis to study anxiety and fear in the open field and fear conditioning tests and identified multiple quantitative trait loci (QTL) for anxiety-like behavior measured in these tests. These studies demonstrated some portion of shared genetic architecture between anxiety and fear-related behaviors.

Anxiety is represented by complex traits that have been studied in several animal models, and some researchers have reported comorbidity of anxiety and depression (Cryan & Holmes, 2005; Merikangas et al., 2003; Wegener et al., 2012). Landgraf and Wigger (2002) showed that animals with high anxiety exhibit more passive and depression-like behavior when exposed to a stress coping situation. Studies have shown the efficacy of pharmacological treatments for both types of disorders (Carr, Schechter, & Lucki, 2011; Holmes, Heilig, Rupniak, Steckler, & Griebel, 2003; Nikiforuk, Kos, & Wesolowska, 2011). However, none of these studies investigated trait differences or genetic factors. We found no difference in depression-like behavior in the FST. A previous study that used the fourth generation of the CHF line also found no difference in the FST (Dias et al., 2009). The absence of a correlation between anxiety and depression was also found in a genetic model of depression developed by selectively breeding the Flinders Sensitive Line (FSL; El Khoury, Gruber, Mork, & Mathe, 2006; Overstreet & Russell, 1982; Schiller, Pucilowski, Wieniecke, & Overstreet, 1992). Under baseline conditions, no differences were discovered between the FSL and FRL lines (Overstreet, Pucilowski, Rezvani, & Janowsky, 1995), and benzodiazepine treatment exerted a comparable anxiolytic effect in both FSL and FRL rats, with no difference between the two lines (Schiller, Daws, Overstreet, & Orbach, 1991).

In conclusion, the present results, together with other published data on the CHF/CLF rat lines (Dias et al., 2009; Galvão, Gomes, Maissonne, & Landeira-Fernandez, 2011; V. C. Gomes & Landeira-Fernandez, 2008; V. C. Gomes et al., 2011; León, Brandão, Franci, Cardenas, & Landeira-Fernandez, 2013), suggests a possible use of rats with high and low levels of contextual fear conditioning as a model of GAD. Our results support the purported link between contextual fear conditioning and anxiety, with rats selected for high contextual fear conditioning showing high anxiety-like behavior, particularly in females. The present study analyzed sex differences in anxiety-like behavior in the CHF/CLF lines, and we found lower anxiety-like and fear conditioned behavior in females compared with males. This was the first time that a comparison between sex is made with this new line of rats. The use of selected anxious rat strains that show consistently high levels of fearfulness may provide models of anxiety that have greater face, construct, or predictive validity than state or single-gene deletion models of anxiety. It is still soon to assume that the present results are enough to validate a model of an anxiety disorder, so more studies are needed, especially with regard to construct and predictive validity.

References


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