

EDITORIAL

The embrace!

The scientific attitude, par excellence, is not that of affection. Such human manifestations should give way, preferably, to reason and intellectuality. This is what the sacred canon of methodological practice “dictates”.

Psychology makes a worthy effort to unite this practice with human feelings. It seeks to establish a significant link between Science and Affection.

Our Bulletin is a place for Science. However, we ask ourselves if it is possible to recognize the issue of affection in each of the articles in this issue? With an intentional, Bachelarian effort to assimilate the two methodological principles, I believe it is possible. Perhaps we will be able to see and perceive that the affection is present in all the articles published here.

Let us begin with our embrace of gratitude for the excellent work that Dr. Lucia Novaes Malagris has done for the Editors, the Academy and the authors of our Bulletin. Her update of the APA Rules and Regulations Manual, 6th Edition to the 7th Edition has made life enormously easier for all of us.

*The opening issue of our articles section is about the longing for a friendly hug in times of crisis. Professor of Neuroscience, PhD from the University of Beira Interior, Portugal, **Luis Alberto C.R. Maia**, and graduate in Clinical Psychology and Health Psychology from the same University, **Maria Ferros**, wrote it in English in a way that reminds me a lot of Richard Lazarus’ style: “**Damn it! I miss your hug! Psychological sequelae of COVID-19 Pandemic**”. They discuss the psychological consequences of the isolation that we all suffered during the COVID-19 pandemic.*

*Another type of hug can be inferred from therapeutic embracement. The next two articles present two extensive overviews of these practices: **Júlia Cunha de Borba**, Postgraduate Student in Neuropsychology at IESLA, and Prof. Dr. **Jeverson Rogério Costa Reichow**, from the Psychology Course at UNESC (State University of Santa Catarina) present it in the article **Spirituality, psychotherapy and mental health: overview of Brazilian studies**, while a large and well-diversified group of professors show us 20 years of history of Cognitive Behavioral Therapy in the northeast region of Brazil: **Cognitive-behavioral therapy in the Northeast of Brazil: 20 years of history - Melyssa Kellyane Cavalcanti Galdino** - Federal University of Paraíba; **Caroline da Cruz Pavan Candido** - Faculty of Philosophy, Sciences and Letters of Ribeirão Preto; **Shirley de Souza Silva** - Federal University of Paraíba; **Irismar Reis de Oliveira** - Federal University of Bahia; **Neuciane Gomes da Silva** -*

Federal University of Bahia; **Neuraci Gomes de Araujo** - Minerva Institute of Advanced Education (IMEA); **Nielky Kalliellanya B. da Nóbrega** - Pernambuco Faculty of Health; **Neuza Cristina dos Santos Perez** - Federal University of Piauí; **Juliane Matos de Moraes Nogueira** - Estácio University Center of Ceará; **Eleonardo Pereira Rodrigues** - State University of Piauí; **Beneria Yace Donato** - Integrated Faculty of Recife; **Sandra Virginia Ory Pinto Bandeira** - Ory Psychology Clinic; **Carmem Beatriz Neufeld** - Faculty of Philosophy, Sciences and Letters of Ribeirão Preto.

The authors **Maria Leticia Marcondes Coelho de Oliveira** - Post-Doctorate in Clinical Psychology from the University of São Paulo and our dear colleague, winner of this year's Jabuti Prize, as well as a great contributor to the São Paulo Academy of Psychology and our Bulletin **Francisco Baptista Assumpção Junior**, member of the São Paulo Academy of Psychology - Associate Professor of the Faculty of Medicine of the University of São Paulo - USP, holder of Chair 17 "Jean Mangué" of the São Paulo Academy of Psychology, present us with the **Lêvitudo Scale - Mental health, resilience and self-esteem in adolescents**.

Next, **Personality assessment through expressive behavior: a literature review**, written by **Carlos Eduardo Bovenzo Filho** - Psychologist from the University of Guarulhos, Post-graduate in Legal Psychology from the Institute of Postgraduate Studies (IPOG), Clinical Psychologist and Technical Researcher at the Center for Research on Violence - Legal Psychology (NUPEV-PJ) and the Center for Studies in Neuroscience, Health and Education (NEPSI-UNG) and **Mylena de Almeida Maia** - Psychologist from the University of Guarulhos, Postgraduate in Human Resources Management, but who also works as a tech recruiter at SUNO Investments and is a Clinical Psychologist. The embrace of welcome comes in the article **Solidarity as a sign of concern: adolescents in institutional care** by **Ivy Campista Campanha-Araujo** - PhD in Psychology from PPGP/UFES and Psychologist at the Court of Justice of Espírito Santo and **Luziane Zacché Avellar** - PhD in Psychology (Clinical Psychology) from the Pontifical Catholic University of São Paulo and Full Professor in the Undergraduate Program in Psychology and in the Postgraduate Program in Psychology at the Federal University of Espírito Santo.

What is authentic leadership? What does this have to do with positive psychological capital? Colleagues **Ionara Dantas Estevam** - Potiguar University/Ânima Ecosystem, LABAVAPSI- Laboratory of Psychological Assessment; **Maria de Nazaré Nascimento Cordeiro** - Potiguar University/Ânima Ecosystem; **Nilton S. Formiga** - Potiguar University/Ânima Ecosystem, LABAVAPSI- Laboratory of Psychological Assessment Natal, RN, Brazil and **Margarida Maria Sobral Pereira** - Potiguar University/Ânima Ecosystem address this topic of great use and interest in current times.

I have never heard of the compulsive use of writing letters. Maybe it existed. I have always heard of long and endless letters, especially love letters. Since the short, objective, ultra-fast communication of the internet has profoundly changed the way we communicate, a syndrome has emerged that is linked to technological addiction. It affects children and adults. It is practiced everywhere. All the time. A few decades ago, the internet did not exist. Hugs came by mail. Colleagues **Bruna de Jesus Lopes** - Psychologist, PhD in Social Psychology, Mauricio de Nassau University Center, UNINASSAU/ Paraíba-PI Campus; **Camilla Vieira de Figueiredo** - Master in Social Psychology, PhD in Social Psychology (PPGPS/UFPB) and who works as a psychologist at the Paraíba Federal Institute; **Francisca Maria de Souza Brito Carvalho** - Graduated in Psychology from the Mauricio de Nassau University Center, UNINASSAU/ Paraíba-PI Campus and **Marcilene Sousa Costa** - Postgraduate in Neuropsychology and Learning Problems and in Hospital Psychology, from Venda Nova do Imigrante Faculty, MG. Federal University of Delta do Parnaíba, Parnaíba-PI are the authors of this article on **Compulsive Internet Use and the Dark Triad of Personality: A Correlational Study**. Many crimes have been committed via the Internet. Many of them against children. On the subject of child sexual abuse, our colleagues **Danilo Salles Faizibaioff** - PhD and Master's student in Clinical Psychology at the Institute of Psychology at USP and Judicial Psychologist at TJSP, and our dear colleague **Leila Salomão de La Plata Cury Tardivo** - member of the São Paulo Academy of Psychology

(Chair 23 “Dante Moreira Leite”), PhD in Clinical Psychology, Associate Professor in Psychopathology and Associate Professor of the Department of Clinical Psychology at the Institute of Psychology at USP, responsible for research supported by FAPESP and CNPq and co-author of psychological test manuals approved by the Federal Council of Psychology (CFP) wrote a very important article: **Overcoming the clinical-traumatological model in judicial sentences about children sexual abuse through the Psychology of Testimony.**

This issue ends with two reviews. One by **Marcionila Rodrigues da Silva Brito** about the book by our dear colleague **Trinca, W. (2023). The ecstasy of things: the immaterial destiny of the real world**, published by Editora Blucher, São Paulo, and the other written by **Eliza Cristina Porkate** about a book by our dear colleague and editor of this Bulletin, Dr. Marilda: **Lipp, M.E.N; and Tricoli, V.C. (Org.) (2023) about Stress in schools during and after the COVID-19 pandemic: problems and solutions.** Published by Nila Press, São Paulo. As bodies surround each other in an embrace, so were the articles in this issue: they began and ended with issues associated with the COVID-19 epidemic. We cordially thank you all,

The Editors
Marilda Lipp
Esdras Guerreiro Vasconcellos